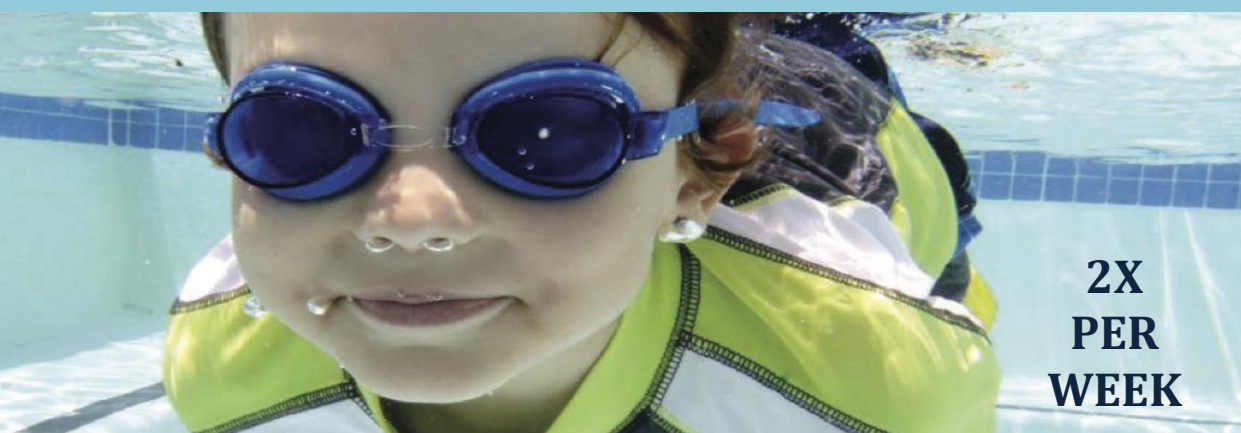


SWIM LESSONS Summer 2026



am
Classes

2X
PER
WEEK



2-Sessions: June 29–July 23 & July 27–August 13

Time	Monday / Wednesday	Tuesday/Thursday	2 Sessions: 6/29-7/23 Session I 8 classes <i>*Watertoddlers-6 classes</i> 7/27- 8/13 Session II 6 classes (session will be pro-rated) 30 Min Classes Member \$172 Non-Member \$212 CSC - 45 Min Member \$196 Non-Member \$236 REGISTRATION: June 1st <i>*Classes are held in the rain but NOT during Thunder. If your class is canceled by the Club then you will receive a credit.</i>
9:30am	Watertoddlers w/parent <i>*begins July 6th</i>	CSC *9:15am	
		Star II	
10:00am	Guppies	Stingrays	
	Stingrays	Star I Star II	
10:30am	Star I	Star I	
	Star II	Star II Rays	
11am	Star II	Star II	
	Star I	Rays Star I	

Open enrollment for everyone begins June 1, 2026 6:30am - Online Registration only
 Spaces in class are held by payment only. Register online <https://kingsbury.clubautomation.com/>
 Child must already be in our software system in order to register.
 Please read registration instructions on page 2

Waterbabies- not offered in summer

WATER TODDLER (13 months-3 years)

½ hour class of water enjoyment for the parent / caregiver and child. Adults are instructed on proper holds and safety skills while helping the child become comfortable in the. Basic water skills will be taught such as blowing bubbles, arm paddling and back float. Class size: 8

Guppies (2.5-3yrs) (w/parent)

For toddlers that have previously taken Watertoddlers class and are ready for this progressive class that will work on Starfish I skills. Class size: 5

Starfish I (3yr-5yrs)

Entry level class for children with little to no swimming skills, who can sit independently through a ½ hour swim lesson. Beginner stroke, front float, back float with sculling, blowing bubbles. Class size: 4

Starfish II

For children who can keep their face in the water for skills taught. Children should be able to swim independently without any floatation device- for a short distance. Class size: 4

RAYS (Level 2)

For those who swim comfortably and independently but lack proper stroke. Focused on teaching the front and back crawl fundamentals, arm position, rhythmic breathing & treading water. Elementary backstroke will be taught. Will be swimming half the length of a lap lane. Class size Class size: 5

STINGRAYS

Objective is to improve the front & back crawl. Rhythmic breathing is improved on. Breaststroke will be taught and butterfly will be introduced.

Students are required to swim the length of our pool for distance repeatedly throughout class. Class size: 5

COACHED SWIM CLINIC (CSC)

This 45 minute class is designed for participants who can swim the 4 competitive strokes; freestyle (crawl), backstroke, breaststroke and butterfly comfortably (not perfectly.) Emphasis will be on building strength and endurance through distance training. Racing starts, turns, and diving will be also taught. Class size: 6

PRIVATE LESSONS

Private swim lessons are designed to meet your child's individual needs and goals. This 1-on-1 experience will benefit those students who require additional instruction and support. This type of instruction is also beneficial to the more advanced student who wants to fine tune their swimming skills. For children and adults. Visit our website for prices.

****We cannot pro-rate or credit for missed classes/vacations. We cannot offer makeups.***

On-Line REGISTRATION INFORMATION – KINGSBURY CLUB

Swim Lessons – Summer Swim Lessons

Online registration is available through our website www.kingsburyclub.com , click on “**MEMBER LOGIN**” and then Access My Account. Type in your child's name and your email address. Follow the system's prompts to create a password. Must be done on a computer not a phone for initial setup. After set up, then you can download Kingsbury Club's app for easier registrations. Please remember when registering for a class if you see **CALL- it means FULL**.

Your child must already be in our system. If they are not, please email Lynn with your child's name, date of birth and town you live in, to create an account. lynnl@kingsburyclub.com

(10% sibling discount for non-members) –please email lynnl@kingsburyclub.com after you have registered for your sibling discount to be credited back to your credit card. For Non-Members only

If you have questions regarding classes or levels please call or email Lynn Gillespie Lappas at 781-936-0396 or lynnl@kingsburyclub.com