



Emily Campbell is a Red Cross certified Water Safety Instructor, a Water Fitness Instructor and a group cycling instructor. She is a graduate of Bridgewater State University with a degree in Physical Education with a concentration in Recreation.

Emily believes staying healthy and moving your body at any age is so important and what better way to do this is than in the pool where all those aches and pains will just go away and leave you relaxed, energized and pain free.

Emily Campbell

Swim Instructor
Water Exercise Instructor

