

Jason Verell

Jason began playing tennis at a young age, developing a lifelong passion for the game. In high school, he was a multi-sport athlete, competing in football and track, and later played club lacrosse, intramural tennis, and basketball at the University of Maine where he earned a BS in business administration.



With over five years of experience as a personal trainer, Jason combines his deep knowledge of strength and conditioning with his understanding of tennis mechanics to help players perform at their best. His training philosophy emphasizes not only improving physical skills but also building the mental toughness and resilience required to compete.

Jason started competing in USTA tournaments and leagues in his 20s and continues to enjoy the challenge of competition today. For him, tennis is more than just a sport—it's about camaraderie, lifelong friendships, and the joy of personal growth.

Passionate about helping others succeed both on and off the court, Jason brings energy, expertise, and encouragement to every session, inspiring players to reach their full potential in tennis and in life. He is a PTR-certified instructor and coaches red ball tennis, helping young players build a strong foundation and love for the game.