



Join US NOW

Sat & Sun 10:30 - 5:30ish
4/12-13, 5/17-18, 6/14-15, 7/12-13,
8/9-10, 9/20-21

Then Every Tuesday 7-9pm but
not the Tuesdays after a
weekend of class
(so not the following Tuesdays):
4/15, 5/20, 6/17, 7/15, 8/12, 9/23

YOGA CERTIFICATION

We are happy to join Breathing Lotus, local Yoga Studio & training center, for a 200-hour Yoga certification training! Trainings will be held at the Kingsbury Club (and some online hours).



register

Please contact Jody Pugh, Fitness Director at jody@kingsburyclub.com or call 781-585-3883.