

KINGEIT

WITH MONICA

MON | WED | FRI

8:30 AM - 9:30 AM

SMALL GROUPS

Small group workout! 4-8 participants per day,

AT YOUR PACE

Come 1X, 2X or 3X per week.

\$30 per training member

\$35 per training non-member

8 weeks

JAN 5 - FEB 27*

*won't meet Mon 1/19, or Mon 2/16



REGISTRATION FORM - KINGFIT

Full Name _____

Address _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Membership Type: Member Non-Member

Payment: House Charge Check Credit Card _____

Exp Date _____ Security Code _____

Class _____ Day _____ Time _____ Fee _____

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Signature

January

Please circle the dates you can commit to:

Mon	Wed	Fri
1/5	1/7	1/9
1/12	1/14	1/16
	1/21	1/23
1/26	1/28	1/30

February

Please circle the dates you can commit to:

Mon	Wed	Fri
2/2	2/4	2/6
2/9	2/11	2/13
	2/18	2/20
2/23	2/25	2/27