



Kingsbury Club Aquatic Center RULES & REGULATIONS

Welcome to the Aquatic Center of the Kingsbury Club. We hope that your experience with us is a positive one. Our goal is to make every person safe in or near the water. We also hope to provide every member of any age with state-of-the-art facilities and an aquatic activity they love.

The following rules and regulations are set so everyone can enjoy the pool and its surroundings. If you have any questions or comments at any time, do not hesitate to speak to a member of the Kingsbury Club aquatics staff.

General Pool Rules

- Parents of non-swimmers MUST accompany children in the water.
- Non-toilet trained swimmers must wear swim diapers under their swimsuit. No regular diapers are allowed in the pool.
- Proper bathing suit attire is required in the pool.
- No glass allowed, only plastic bottles.
- No chewing gum in the pool.
- No running on the deck.
- No diving in the shallow end.
- Feet first jumping is allowed in both the shallow and the deep end of the pool.
- No flips, twists, turns, or back dives allowed.
- No outside food is allowed.
- Playing on the stairs or ladders is not permitted.
- Do not hang or swim over or under the lane lines as this disturbs lap swimmers. Swimmers that want to move to a different area of the pool (ex: shallow to deep) should exit the pool and re-enter to desired depth.
- ONLY NOODLES are allowed in the pool for the children's use (no kickboards, barbells, fins, or aquabelts).
- Startling blocks are for swim team and swim lesson use only.

- Jumping, sitting, standing or swimming over the blue tiled wall in the pool is not permitted.
- Rough housing of any kind is not permitted (excessive noise, dunking, throwing people, jumping on heads, necks, or backs, splashing, pushing, or sitting on shoulders).
- Unauthorized pool parties are not allowed.
- Only US Coast Guard approved flotation devices are allowed for non-swimmers. Flotation devices do not substitute for parent supervision in the water.
- Any action or activity the lifeguard feels is a potential danger will be stopped immediately. The staff has the right to suspend anyone from the pool if unsafe behavior continues.
- The Kingsbury Club reserves the right to alter rules and regulations, hours of operation and procedures at any time.
- Sunscreen is recommended but tanning oils are prohibited because they damage the filter system.
- State law requires all persons to take a cleansing shower before entering the pool.
- Anyone having a communicable or infectious disease, open wound or Planter's wart is prohibited from using the pool.
- There are two private bathrooms available for parents with children of the opposite sex.

Parental Supervision

- The lifeguard is not a babysitter.
- Parents or guardians are responsible for their children at all times, both in and out of the water.
- Parents of non-swimmers must accompany children in the water.
- Children under 13 years of age must be supervised by an adult at all times.