

# ADULT TENNIS FALL 2020

Effective September 8, 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6:30 AM		COED Morning Madness 3.5+*					COED Morning Madness 3.5+*
7:00 AM			Men's 3.5+ Singles				
7:30- 9 AM							
8:00 AM	Christen's Cardio (1)	Yellow Ball Cardio (1)	Christen's Cardio (1)	Yellow Ball Cardio (1)	Christen's Cardio (1)	Men's 3.7+ Singles	Orange Ball Cardio (1)
8:30 AM- 9:30AM							
9:00 AM	COED 3.0 + Drill & Play		Division 3 Team Play	Champs/Aces Team Play	Drill & Play 2.5+		
9:00 AM	Division 2 Team Practice	Ladies Doubles Ladder 3.0+					
9:30 AM						Men's Doubles Ladder	
10:00 AM							
10:30 AM	Division 1 Team Practice	Champs Team Practice (2)	Division 1 Team Play				
10:30 AM							
11:00 AM						Fundamentally Fun Tennis (1)	
12:00 PM	Division 3 Team Practice		Division 2 Team Play		Senior Doubles <small>Must be approved by Dolly</small>		
2:00- 3:30 PM		Senior Doubles					
2:30 PM							Mixed/Ladies Singles League
7:00 PM	COED 2.5+ Drill & Play	Men's 3.0+ Drill & Play	Night Time Madness 4.0+				
7:30 PM							

All Classes are 1 1/2 Hours unless otherwise noted ( ) = Class Length\* = Pro Approval Required



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Program	For	Pro	Members	Non-Mbr.	Description
<b>YELLOW BALL CARDIO</b>	C	yes	\$22	\$32	Description Fast paced cardio class using traditional yellow balls
<b>CHRISTEN'S ORANGE BALL CARDIO</b>	C	yes	\$22	\$32	High energy on court clinic, using low pressure balls, that combines fitness and tennis for players of all ages, abilities and fitness levels. NO tennis experience required.
<b>DRILL &amp; PLAY</b>	W M C	yes	\$33	\$43	45 minutes of drills/45 minutes of play with pro instruction on strokes and strategy. Offered at various NTRP levels.
<b>DRILLS &amp; SKILLS</b>	W M C	yes	\$22	\$32	An action packed hour of skill building drills incorporating play.
<b>LADIES DOUBLES TEAM</b>	W	yes	1.5 hr.: \$33/practice \$18*/match 2 hr.: \$44/practice \$20*/match	NA	Baystate Tennis - the most competitive playing opportunity. Many levels available. 1.5-2 hour match play (depending on division) against other clubs - matches are held home and away on a rotating schedule. Women's Team includes a practice day as well as a play day. Balls included for home matches.
<b>MORNING/NIGHT TIME MADNESS</b>	C	yes	\$33	\$43	Play fast paced, live ball drills and games while moving to great music.
<b>FUNDAMENTALLY FUN TENNIS</b>	C	yes	\$100	\$140	This fun-filled rally-based beginner program includes 6 hours of group instruction, once a week, incorporating a progression from low pressure balls to regular balls.
<b>MEN'S SINGLES</b>	M		\$31	\$41	Play 1.5 hours against opponents of similar ability.
<b>MIXED/LADIES SINGLES LEAGUE</b>	W M		Per player: \$24 singles \$18 doubles	NA	Twice a month competitive play against local clubs at various NTRP levels.
<b>SENIOR DOUBLES</b>	C		\$17	\$22	Ladder format. Play opponents of similar ability either on a men's doubles, mixed doubles or women's doubles court.
<b>LADIES DOUBLES LADDER</b>	W	no	\$15	\$25	Multicourt doubles play rotating with all players on your court. Weekly high scorer(s) move up a court, low scorer(s) down. Regular spots and subbing available. Balls billed at beginning of season.

*Program schedules and pricing are subject to change if the minimum participation levels are not met.*

W=Women M=Men C=Coed \*Ball Provided

#### TENNIS POLICIES

Club policy requires that everyone check in at the front desk, keep a valid cc on file, and pay prior to play. This includes non-members who play in club programs.

Once players commit to playing in a weekly club program, they are responsible for payment. Cancellations are charged to the players account unless they are replaced with a paying player.

No shows or late defaults for league play are required to pay the full court fee.

**Fundamentally Fun Tennis-**This fun filled rally based beginner program includes 6 hours of group instruction, once a week, incorporating a progression from low pressure balls to regular balls. Put your own group together or give us your availability and we will set one up. Requires a minimum of 4 players.

**Cost is \$100/member, \$140/non-member.**

**Customized Clinics:** We are happy to set up customized clinics of either 1 or 1.5 hours to meet your needs, provided there is a minimum of 4 people.