

GET YOUR BODY POWERED-UP!



KINGFIT

Welcome to

KINGFIT FALL 2020!

Join our successful small group training program, Kingfit, today!
4-8 participants per group, meet 1x or 2x/week with one of our certified trainers! Safe, physical distancing will be practiced.
All equipment used will be cleaned before & after each session.
Masks not required ONCE everyone is situated in their 14+' space.

Tuesdays and/or Thursdays at 9:30am.
\$25/training (members)
\$30/training (non-members)
Once signed up, charges will be billed through Nov. 24th.



(See back for training times and trainer schedules)

186 Summer Street Kingston, MA 02364
kingsburyclub.com

KINGFIT • FALL 2020

Registration Form - Kingsbury Club - KINGFIT

Please note: No refunds for missed sessions

Name _____

Address _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Membership Type: **Member** **Non-Member**

Payment Method: House Charge Check

Credit card Type/Card Number _____ Exp.Date _____ CVV _____

Monica

Select Group: TUESDAY

THURSDAY

Don't see a day/time combination that works for you?

Contact the Fitness Director or your Personal Trainer for other available options or request a time here : _____

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Participant's Signature: _____ Date _____