

FALL 2021 ADULT TENNIS

EFFECTIVE SEPT 6, 2021

	MON	TUE	WED	THU	FRI	SAT	SUN
6:30 AM							COED Morning Madness 3.5+
7 AM			Men's Singles 3.5+				
8 AM	Orange Ball Cardio (1)	Yellow Ball Cardio (1)	Orange Ball Cardio (1)	Yellow Ball Cardio (1)	Orange Ball Cardio (1)	Men's Singles 3.5+	Orange Ball Cardio (1)
8:30 AM		MITA - Ace's Practice (2)			Drill and Play 2.5		
9 AM	MITA - Division 2 Practice		MITA - Division 3 Match	MITA - Champs/Aces Match			
9:30 AM						Men's High Performance*	
10:30 AM	MITA - Division 1 Practice	MITA - Champ's Practice (2)	MITA - Division 1 Match				
12 AM	MITA - Division 3 Practice		MITA - Division 2 Match				
6 PM							
6:30 PM				Fundamentally Fun Tennis (1)			
7 PM	COED Drill and Play 2.5+		Nighttime Madness 4.0*	Essentials Clinic			
7:30 PM							

Schedule your FREE evaluation or speak with a PRO for recommendations!

All classes are 1.5 hours unless otherwise noted

() = class length

* = Pro Evaluation Required



	PROGRAM	FOR	PRO	MBRS	NON	DESCRIPTION
WEEKLY DROP IN TENNIS PROGRAMS	Yellow Ball Cardio	C	yes	\$22	\$32	Fast paced cardio class using traditional yellow balls
	Orange Ball Cardio	C	yes	\$22	\$32	High energy cardio using low pressure balls that combine fitness and tennis for players of all ages, abilities and fitness levels. NO tennis experience required
	Drill and Play	W/C	yes	\$33	\$43	45 minutes of drills followed by 45 minutes of play with pro instruction on strokes and strategy. Offered at various NTRP levels
	Morning/Night Madness	C	yes	\$33	\$43	Fast-paced play, live ball drills and games while moving to great music
	Men's Singles	M	no	\$31	\$41	Play 1.5 hours against opponents of similar ability
	Men's High Performance*	M	yes	\$33	\$43	Advanced stroke development for bigger shots and knowing when to use them
SESSION PROGRAMS	Fundamentally Fun Tennis	C	yes	\$100	\$140	This fun filled rally based beginner program includes 1 hr/week of instruction for 6 weeks incorporating a progression from low to regular compression balls
	Essentials Clinic	C	yes	\$231	\$297	The perfect follow up to our Fundamentally Fun tennis. This clinic focuses on developing better strokes and building points
	MITA Team Tennis Practice*	W	yes	\$33	\$43	MITA is the most complete playing opportunity to compete against other local clubs with practices designed to help prepare the players for their weekly matches

W = Women, M = Men, C = Coed, * = pro evaluation required

PRIVATE INSTRUCTION

	1/2 Hour Lesson	1 Hour Lesson
1 person	\$55/person	\$94/person
2 people	\$30/person	\$55/person
3 people		\$42/person
4 people		\$34/person
Hitting Session (1 person only)		\$84/person

Pro playing or teaching in contract time will be charged at \$60/hr.
Non-members pay a \$10 non-member fee in addition to the lesson rate

TENNIS POLICIES

Club policy requires that everyone check in at the front desk, keep a valid CC on file and pay prior to play. This includes non-members who play in club programs.

Once players commit to playing in a weekly club program, they are responsible for payment and will be charged unless they are replaced by a paying player.

There is a 24 hour cancellation policy that applies **only** to lessons or court reservations. No shows, late cancellations or late defaults are required to pay for the full court fee.

CUSTOMIZED CLINICS

If you are unable to find a suitable instruction format from those provided, we are happy to setup a customized clinic to meet your needs. This option is available for 1 or 1.5 hours with a minimum for 4 players