

JUNIOR TENNIS

WINTER 2011-2012
Session 2: Dec. 4-Mar. 17



From Quick Start to High School Tournament Training, our juniors continue to progress through our training program with the ultimate goal of developing their skills in order to reach their full potential, all while having fun on court!

Our program is taught by certified USPTA/USPTR professionals who are committed to helping every child develop and compete in a fun, positive, learning environment.

Beginning Tennis

Little Tennis, Ages 3-4 Foam/Red Ball - 36 ft. court

This 45-minute class is designed to introduce tennis through a variety of athletic activities that build self-esteem, enhance cooperative play, as well as help develop the hand-eye coordination and gross motor skills that are used for all sports. Parent participation encouraged.

Cost: Members \$195, Non-members \$247
 Times: Monday 3:15-4pm
 Wednesday 1-1:45pm
 Friday 3:30-4:15pm
 Saturday* 9:00-9:45am

Quick Start Hot Shots, Ages 5-6 Red Ball - 36 ft. court

This 1-hour skill building clinic is taught in a fun, positive environment with the focus on building motor skills, balance and movement along with basic stroke technique. Rally games are introduced.

Cost: Members \$260, Non-members \$325
 Times: Monday 4-5pm
 Wednesday 1-2pm
 Thursday 5-6pm
 Friday 4:30-5:30pm
 Saturday* 10-11am

SESSION 2					
Day	Start	End	Off	# Weeks	
Sun.	12/4	3/11	12/25, 1/1, 2/19	*12	
Mon.	12/5	3/12	12/26, 2/20	13	
Tues.	12/6	3/13	12/27, 2/21	13	
Wed.	12/7	3/14	12/28, 2/22	13	
Thurs.	12/8	3/15	12/29, 2/23	13	
Fri.	12/9	3/16	12/30, 2/24	13	
Sat.	12/10	3/17	12/24, 12/31, 2/25	*12	

*Prices will be pro-rated for clinics less than 13 weeks.
 Minimum participation levels required for all programs to run.
 Level 2 and up require Club membership or Jr. Tennis membership.
To register, please call 781.585.3883

Junior Development Program

Level 1 - Quick Start Tennis, Ages 7-10 Orange Ball - 36-60 ft. court

This 1 hour clinic has increased focus on stroke technique, rallying skills, tennis specific games and movements with introductory play.
 Cost: Members \$260, Non-members \$325
 Times: Monday 4-5pm
 Thursday 4-5pm
 Friday 5-6pm
 Saturday* 11am-12pm

Level 2 - Quick Start Tennis, Ages 7-10 Orange Ball - 60 ft. court

This 1.5-hour class for graduates of Level 1 who have demonstrated the necessary skills, focuses on refining strokes, developing ball control and direction, as well as improving consistency in play. Participation in orange ball matchplay is strongly encouraged. Membership required.
 Cost: Members \$390
 Times: Monday 4-5:30pm
 Wednesday 2:30-4pm and 4-5:30pm
 Saturday* 12-1:30pm

Level 1 - Introductory Tennis, Ages 11-13 Orange/Green Ball - 60-78 ft. court

This 1.5-hour class is for the older child who is interested in learning the basic strokes necessary for play as well as the fundamentals of balance, footwork and agility. The longer timeframe maximizes the learning environment and therefore allows for some introductory rallying. Participation in matchplay is strongly encouraged.
 Cost: Members \$390, Non-members \$487
 Times: Monday 4-5:30pm
 Wednesday 4-5:30pm
 Friday 5-6:30pm

Level 2 - Beyond the Basics, Ages 11-13 Green/Yellow Ball - 78 ft. court

This 1.5 hour class refines the skills developed in Level 1 and uses learning progressions that reinforce proper grips, footwork and strokes. Point play, matches and strategy are part of this program. Participation in matchplay is strongly encouraged.
 Cost: Members \$390
 Times: Monday 5-6:30pm
 Wednesday 4-5:30pm
 Friday 3:30-5pm
 Saturday* 12-1:30pm

Level 3 - Junior Training

This 1.5-hour, twice a week class, is for motivated players with a solid foundation of strokes, who are committed to reaching their full potential in tennis. Emphasis is on the physical, tactical, technical and mental component of the game. Players in this program are expected to compete in matchplay and club travel team matches with the goal of competing in USTA tournaments. Includes Match Play and Team Practice. Membership required.

Cost: Members \$1010, includes Match Play
Times: Tuesday 4-5:30pm & Thursday 5-6:30pm

High School Program

Level 1 High School

This 1.5-hour class is designed for the player with little or no experience who wants to develop the skills necessary to enjoy the game in a fun, positive environment.

Cost: Members \$390, Non-members \$487
Times: Wednesday 5:30-7pm

Level 2 Junior Varsity

This 2-hour program is for current or potential JV players whose goal is to play on their high school team. Stroke refinement, live ball drills as well as singles and doubles strategy/play are all components of this clinic. The 2 hour timeframe allows for point play. Participation in matchplay is strongly encouraged. Membership required.

Cost: Members \$520
Times: Tuesday 4-6pm
Sunday* 10-12pm

Level 3 Varsity

This 2-hour program is for Varsity players on competitive teams who want to reach their potential and further improve their game in the off season by working on stroke production, strategy and match play skills. Participation in matchplay is strongly encouraged. Membership required.

Cost: Members \$520
Times: Tuesday 4-6pm
Sunday* 10-12pm

High School Tournament Training

This 1.5-hour, twice a week program, is for self motivated, committed players who have chosen tennis as their primary sport with the goal of improving their match skills through intensive drilling and competitive play in club travel teams and USTA tournaments. This program includes free "walk on" court time on Sundays for participants. Membership required.

Cost: Members \$1119
Times: Tuesday 5:30-7pm
Thursday 3:30-5pm

Registration Information

- Registration can be done in person or online at www.kingsburyclub.com/tennis/register
- Payment in full must be made by/at the clinic start date. All other arrangements must be made through the Director of Tennis
- No refunds are given after the start of the session.
- Make-up classes: Tues., Feb. 21 during school vacation week.
- All classes require a minimum of 3 students.

Tennis Department: (781) 936-0395

donna@kingsburyclub.com

Registration Form - Jr. Tennis Program

Participant _____ DOB _____

Parent's Name (if under 18) _____

Address _____

Phone _____ Email _____

Emergency Contact _____ Phone _____

Junior Membership: All Inclusive Jr. Tennis Non-Member

Payment Method: House Charge Check

Credit Card Type/Card Number _____ Exp.Date _____

Class _____ Level/Age Group _____ Day _____ Time _____ Fee _____ Code _____

The Kingsbury Club & Spa reserves the right to photograph program participants for publicity purposes, in print or electronic media.

Participant's Signature: _____ Date _____

Parent's Signature: _____ Date _____